#### PROSTATE CANCER CANADA NETWORK VANCOUVER

### MINUTES OF THE OCTOBER 2017 STEERING COMMITTEE MEETING

**DATE & TIME:** October 5, 2017 at 1:10 p.m.

**LOCATION:** Canadian Cancer Society Board Room, 565 West 10<sup>th</sup> Avenue,

Vancouver

**PRESENT:** Len Gross, Frank Peabody, Bill Geiss, Ian Edwards, Norm Dooley

and.

**ABSENT:** Jim Tate, Peter Bullen, Mark White, Dale Laird, Barry Wilkes, Don Stewart and Don James.

Len welcomed everyone to the meeting.

## 1. Review of the Agenda:

The Agenda was accepted.

# 2. Approval of the Minutes of September Meeting:

Minutes were approved.

#### 3. Items Arising:

Mark will be away for October.

### 4. Review of the General Meeting:

- There were 20 present including 1 women.
- The speaker, Frank Peabody, made a presentation on the Pacific Northwest Prostate Cancer Conference and there were quite a few questions.

### 5. Report from the Prostate Cancer Foundation B.C.:

- Len Gave out standardized business cards for the Support Group Executive.
- Mark Away but Len stated that The Research Grants were approved at the Sept. 13<sup>th</sup> meeting and over \$ 200,000 was granted.

## 6. Financial Report:

• The income from today's meeting was \$ 39.00 from the raffle and \$ 30.00 for the coffee donations. Expenses were \$ 29.68 for the food and \$ 0.00 for the wine giving \$ 30.32. Cash is estimated to be \$ 1910.06 plus today's amount for a total of \$ 1940.38.

#### 7. Communication Committee:

- Many on the list enjoy receiving the updates on what the group is doing even if they are not going to the meetings.
- Norm will start working on the Communications Committee.

# 8. Program for Upcoming Meetings:

November – Inspire Health Tamara McKenzie.

December – Christmas Lunch

January – McKenzie on Adavance Care Planning Research

February – Marianne Sadar

March – PoG person (Frank to try and get a commitment from someone)

April – Pipa Holly on palliative care and marijuana

May – RCMP guy on drugs and health

Other suggestions:

Mark and Frank New electronic health monitoring devices – or someone else.

Maureen McGrath on Sexual Health

Naturopath/Complementary Medicine

Cardio-oncologist

Mindfulness – Ian will look for TED talk on the subject.

Len wanted to step down from the leadership role but that as an interim measure, would like someone to take on the task of finding speakers which would be a big help.

### 9. Other/ New Business:

- Need to make up a group to take over the arranging of the speakers for the meetings.
- Need to check if notices of our meetings are going up in urologist's offices.
- See also the web site www.decisionhelp.truenth.ca

### 10. Next Steering Committee Meeting:

The next meeting of the Steering Committee will be held on **Thursday**, **November 2**, **2017** immediately following the General Meeting and in the Boardroom.

### 11. Adjournment:

The meeting adjourned at 2:05 p.m.