

# PROSTATE CANCER CANADA NETWORK VANCOUVER

## MINUTES OF THE JULY 2017 STEERING COMMITTEE MEETING

**DATE & TIME:** July 6, 2017 at 1:15 p.m.

**LOCATION:** Canadian Cancer Society Board Room, 565 West 10<sup>th</sup> Avenue, Vancouver

**PRESENT:** Len Gross, Frank Peabody, Mark White, Ian Edwards, John Christopherson, Dale Laird, and Bev Shapiro.

**ABSENT:** Bill Geiss, Jim Tate, Peter Bullen, Barry Wilkes, Norm Dooley, Don Stewart and Don James.

Len welcomed everyone to the meeting.

1. **Review of the Agenda:**

The Agenda was accepted.

2. **Approval of the Minutes of June Meeting:**

The June 1<sup>st</sup> meeting minutes were approved.

3. **Items Arising:**

- John Christopherson will be retiring July 14<sup>th</sup>.
- Frank will be away for August.

4. **Review of the General Meeting:**

- There were 27 present including 4 women.
- The speaker, Sarah Albrecht, was called away for a medical emergency just before the meeting so we presented the TED talk by the person that started Movember. This worked out very well and well received.
- Having only one microphone on at a time seems to have stop the other microphone from cutting out.

5. **Report from the Prostate Cancer Foundation B.C.:**

- Len – Raised \$380,000 from the Father's Day Runs and \$130,000 from the motorcycle ride for a total of \$510,000. Will be providing standardized business cards for the Support Groups.
- Mark – The Research Grant applications will be coming in soon.

6. **Financial Report:**

- The income from today's meeting was \$ 42.00 from the raffle and \$ 47.50 for the coffee donations. Expenses were \$ 35.00 for the food and \$ 0.00

for the wine giving \$ 64.50. Cash is estimated to be \$ 1744.42 plus today's amount for a total of \$ 1808.92.

- Put eyes back on donation sign.

7. **Communication Committee:**

- Many on the list enjoy receiving the updates on what the group is doing even if they are not going to the meetings.
- Peter Bullen would like to just send one email out per month with a reminder of the meeting and topic and then have a link to our website once it is up and running.

8. **Program for Upcoming Meetings:**

August – Sarah Albrecht - Services that the Cancer Society Provides

September – Genetics (Frank gets someone from the POG Program)

October – Inspire Health replacement for Angela Wright

November – Dr. Goldenberg??

December – Christmas Lunch

Other suggestions:

Barry Rich - Depression and Mental Health (Barry Wilkes)

Mark and Frank New electronic health monitoring devices – or someone else.

Maureen McGrath on Sexual Health

Naturopath/Complementary Medicine

Cardio-oncologist

Eric McCormick

Marianne Sadar?

Dr. Nevin Murphy – Changes in cancer treatments over the last 4 decades.(Frank)

Mindfulness – Ian will look for TED talk on the subject.

Len wanted to step down from the leadership role but that as an interim measure, would like someone to take on the task of finding speakers which would be a big help.

9. **Other/ New Business:**

- Need to make up a group to take over the arranging of the speakers for the meetings.
- Need to check if notices of our meetings are going up in urologist's offices.
- Norm Dooley went over a basic concept for the web site and that we need to divide it up into five or six basic sections that can have subsections.
- See also the web site [www.decisionhelp.trueth.ca](http://www.decisionhelp.trueth.ca)

10. **Next Steering Committee Meeting:**

The next meeting of the Steering Committee will be held on **Thursday, July 6, 2017** immediately following the General Meeting and in the Boardroom.

11. **Adjournment:**  
The meeting adjourned at 2:15 p.m.